Looking for Students + Family Volunteer Opportunities?

Students and their families can make a difference in so many ways. Learn more from non-profits in our area on how you or your family members can give back to organizations and those in need.
Welcome to the 17th Annual KidsMatter Youth + Family Volunteer Fair

Welcome to our attendees and non-profit guests. Today you are embarking on a wonderful adventure to connect with one another and engage in volunteerism and philanthropy.

Whether this is your first time looking into volunteer opportunities or you are an experienced volunteer and are searching for a new way to connect with the world around you, we are so glad that you are here and searching for a way to connect and provide your support and services to those in need.

Within this resource booklet you will discover information about every non-profit organization represented at today’s event, their needs for youth and family volunteers, and ways to contact each organization to learn more.

We thank you for your time today in learning more about the non-profits that are supporting our community.

Please stop by our registration table on your way out to provide feedback on today’s event.

Yours in Philanthropy,
The KidsMatter Team

Key

15+ Age requirement for youth volunteer
OG Ongoing volunteer opportunity
1X One-time volunteer opportunity
F Family/Adult volunteer opportunity
NA No age requirement for youth volunteer
Contents

Boy Scouts of America ..................1
Buddy Break ..............................2
Connection of Friends .................3
Cradles to Crayons .....................4
DuPage Children’s Museum ..........5
DuPagePads ..................................6
Feed My Starving Children ..........7
Feed The Need! ...........................8
Forest Preserve District of Will County ..9
GiGi’s Playhouse Fox Valley ..........10
Hesed House ..............................11
Little Friends .............................12
Naper Settlement .......................13
KidsMatter Events + Programs .14-15
Naperville Park District .............16
Naperville Public Library ..........17
Naperville YMCAs ..................18
PowerMinds ............................19
Ronald McDonald House Charities Chicagoland NW Indiana ..20
Salvation Army .........................21
Simply Destinee ......................22
The Morton Arboretum ..........23
Turning Pointe Autism Foundation ..24
Western DuPage Special Recreation Association ..25
World Relief DuPage/Aurora ....26
Young Life Naperville & Aurora ..27
Become a KidsMatter Partner ..28-29

Boy Scouts of America

Purpose of Organization: Teach youth valuable skills.

What Youth Volunteers Will Do
Assisting and guiding youth with their badges.

What Family/Adult Volunteers Will Do
Assisting with outdoors activities.

What Qualities Should a Volunteer have to Serve with your Organization?
Willing to help!

Organization Volunteer Contact
Luis Aguilar
luis.aguilar@scouting.org
630-797-4031
Buddy Break

Purpose of Organization: Provide respite care for kids with special needs and their siblings free of charge to families in our community.

What Youth Volunteers Will Do

High schoolers and adults are paired up one on one with a kid with special needs, or a sibling, and we all hang out together and play for three hours once a month on a Saturday. Middle schoolers can serve with a parent.

What Family/Adult Volunteers Will Do

High schoolers and adults are paired up one on one with a kid with special needs, or a sibling, and we all hang out together and play for three hours once a month on a Saturday. Middle schoolers can serve with a parent. Families are welcome to serve together.

What Qualities Should a Volunteer have to Serve with your Organization?

Maturity, passion for serving, love spending time with kids, responsible, driven.

Organization Volunteer Contact

Danielle Schaeffer
schaeffer@goodshepherd-naperville.org
630-961-9220
Connection of Friends

Purpose of Organization: Connection of Friends is a community-based program which provides a place for teens, age 16 and older, and adults with special needs to gather socially with an emphasis on life skill, volunteer and fitness activities on a daily basis and Saturday evenings. Our primary purpose is for participants to engage in meaningful ways within a supported environment.

What Youth Volunteers Will Do

(1) Actively participate with the Program Director, Program Leader and Program Assistants in the implementation of programming activities.
(2) Encourage participation and socialization among participants.
(3) Assist with the organization and clean-up of activities.

What Family/Adult Volunteers Will Do

Family/adult opportunities are the same as the youth volunteer opportunities.

What Qualities Should a Volunteer have to Serve with your Organization?

Volunteer candidates should demonstrate dependability, creativity, patience and maturity.

Organization Volunteer Contact

Alexis Zola
azola@connectionoffriends.org
630-260-0922
What Youth Volunteers Will Do

Teens can work with the school, faith-based organizations, neighborhood, or other communities to host collections for our most-needed items. These items include new and gently used clothing, shoes, books, and toys. Teens can also act as an advocate for C2C at local volunteer fairs, farmers markets, etc.

What Family/Adult Volunteers Will Do

Families can work together to host a collection for our most-needed items. These items include new and gently used clothing, shoes, books, and toys. Families can also volunteer with us at our Giving Factory (located in Chicago, Illinois).

What Qualities Should a Volunteer have to Serve with your Organization?

Leadership, character, caring

Organization Volunteer Contact

Amanda Marks
amarks@cradlestocrayons.org
312-967-1437
DuPage Children’s Museum

Purpose of Organization: DuPage Children’s Museum ignites the potential of all children to learn through hands-on exploration by integrating art, math, and science.

What Youth Volunteers Will Do

The volunteer position is called Museum Assistant. They help by giving great customer service in the exhibits as well as the main entrance, play and interact with children in our exhibits, and reset and clean up exhibit areas.

What Family/Adult Volunteers Will Do

Family/adult opportunities are the same as the youth volunteer opportunities.

What Qualities Should a Volunteer have to Serve with your Organization?

Be comfortable talking to adults and children, be willing to have fun and play.

Organization Volunteer Contact

Jessica Greenlaw
jgreenlaw@dupagechildrensmuseum.org
630-637-8000
DuPagePads

Purpose of Organization: The mission of DuPagePads is to end homelessness in DuPage County. We believe that the solution is housing, coupled with support services and

What Youth Volunteers Will Do

Teens (12 and older) can volunteer at our Interim (Overnight) Housing sites during the Dinner and Setup shift (5:30pm-8:30pm) or the Breakfast and Cleanup shift (5:30am-7:30am). All youth volunteers (12 and older) must have a Youth Policy completed by their parent and returned to the Volunteer Coordinator.

Teens are integral in organizing donation drives for everyday essentials. We also welcome special projects, such as an Eagle Scout Award or Girl Scout Gold Award.

What Family/Adult Volunteers Will Do

Families, with children 12 and older, are welcome to volunteer at our Interim (Overnight) Housing sites, in accordance with our Youth Policy. Families with children under 12 are encouraged to assist with providing, preparing and delivering meals.

DuPagePads Youth Policy

- Youth aged 12-17 can volunteer from 5:30pm-8:30pm or 5:30am-7:30am.
- Youth under 12 must leave when clients enter the site; 6:00pm at family sites and 7:00pm at other sites.
- Youth that are onsite when clients are present must have a Youth Policy completed by their parent, that has been returned to the DuPagePads Volunteer Coordinator.
- Youth must be supervised at all times by a parent, guardian or group leader.

What Qualities Should a Volunteer have to Serve with your Organization?

A desire to learn more about the issue of homelessness in their community.

Organization Volunteer Contact

Josie Mattern
jmattern@dupagepads.org
630-517-0569
Feed My Starving Children

Purpose of Organization: Feed children suffering from starvation due to malnutrition

What Youth Volunteers Will Do

Volunteers hand-pack all of our fortified meals. We work together to fill and seal pouches with 4 food ingredients to be sent to starving children.

What Family/Adult Volunteers Will Do

Family/adult opportunities are the same as the youth volunteer opportunities.

What Qualities Should a Volunteer have to Serve with your Organization?

The only qualities needed are to have two-hours available and a desire to have fun and feed hungry and malnourished children.

Organization Volunteer Contact

Beth Schmidt
bschmidt@fmsc.org
763-404-7869
Feed The Need!

Purpose of Organization: Feed The Need!™ Illinois is the largest volunteer coalition of religious, education, civic, corporate and community organizations in the Kane/DuPage/Will county area, joining in shared mission to fight the ravages of global hunger.

What Youth Volunteers Will Do

Kids and adults of all ages hand-pack nutritious Manna-Pack™ meals specifically designed to assist in reversing and preventing undernutrition.

What Family/Adult Volunteers Will Do

Feed the Need! offers volunteers a one-of-a-kind experience. Families can hand-pack rice, soy, dried vegetables and a nutritionally complete blend of vitamins and minerals into bags which are then sealed, boxed, placed on pallets and shipped to our incredible partners working hard to reach the neediest children around the world.

What Qualities Should a Volunteer have to Serve with your Organization?

Volunteers simply need to have the desire to feed hungry children in need.

Organization Volunteer Contact

Bonnie Sullivan
bonnie@feedtheneedillinois.org
Forest Preserve District of Will County

Purpose of Organization: Protecting, conserving, enhancing, and promoting Will County’s natural heritage for the educational, recreational, and environmental benefit of present and future generations.

What Youth Volunteers Will Do
Restoration, group projects, event assistance and more.

What Family/Adult Volunteers Will Do
Restoration, group projects, event assistance and more.

What Qualities Should a Volunteer have to Serve with your Organization?
Timely, responsible, hardworking and more.

Organization Volunteer Contact
Renee Gauchat
rgauchat@fpdwc.org
815-735-5687
GiGi’s Playhouse Fox Valley

Purpose of Organization: Change the way the world views Down syndrome and create global acceptance for all.

What Youth Volunteers Will Do
Youth can become tutor assistants, program assistants, fundraising, volunteer at events, youth board.

What Family/Adult Volunteers Will Do
Host family for programs, cleaning team, event volunteers, program assistants, program leaders.

What Qualities Should a Volunteer have to Serve with your Organization?
Accepting, generous, kind.

Organization Volunteer Contact
Katie Vaughan
foxvalley@gigisplayhouse.org
630-778-7529
Hesed House

Purpose of Organization: Hesed House’s mission is to feed the hungry, clothe the naked, shelter the homeless and give people the chance to hope again.

What Youth Volunteers Will Do

Teens volunteering at Hesed House will be able to volunteer with adults in our AM shelter program or with our buildings and grounds team. Teens can also organize in-kind donation drives for Hesed House.

What Family/Adult Volunteers Will Do

Families will be able to volunteer throughout our PADS daytime drop-in center.

What Qualities Should a Volunteer have to Serve with your Organization?

Positive attitude and readiness to volunteer.

Organization Volunteer Contact

Fatimah Totten
ftotten@hesedhouse.org
331-444-9940
**Little Friends**

**Purpose of Organization:** Little Friends guides families through the supports, services and educational programs we offer to those with autism and other developmental disabilities. Our comprehensive, award-winning programs provide assistance in all areas, from early childhood throughout

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**What Youth Volunteers Will Do**

Help families in desperate need of a break today!

Weekly respite breaks are hosted for parents of children with special needs and their siblings, ages 5-12. Volunteers are needed to help supervise these planned activities. Volunteers will gain experiential learning for a college resume or earn career service hours in nursing, education, physical therapy, etc. Volunteers may choose one or multiple shifts.

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**What Family/Adult Volunteers Will Do**

Family/adult opportunities are the same as the youth volunteer opportunities.

**What Qualities Should a Volunteer have to Serve with your Organization?**

Mature, responsible and patient with a willingness to have fun!

**Organization Volunteer Contact**

Beth Praetz  
bpraetz@lilfriends.com  
630-281-1890
What Youth Volunteers Will Do

History Connector - History Connectors work with the staff on hands-on activities, which include activity cards, specialty days, Camp Naper summer camp (must be approved by Camp Supervisor), Scout programs, and more. Applications accepted year-round. Winter training session begins late January. Summer season training begins May.

What Family/Adult Volunteers Will Do

Family/adult opportunities are the same as the youth volunteer opportunities.

What Qualities Should a Volunteer have to Serve with your Organization?

Volunteers must be outgoing and engaging with the public. Volunteers may work alone or on a team.

Naper Settlement Youth Policy

Minimum age for teen volunteers is to be in 8th grade.

Organization Volunteer Contact

Terri Cooke
cooke@naperville.il.us
630-420-6010
**KidsMatter**

**Events + Programs**

**Digital Leader Summit - October 15-16, 2019, at Yellow Box**

KidsMatter—in partnership with school districts 203 and 204—developed a program to empower students to realize their leadership potential, combat cyberbullying and create a positive digital footprint. Nearly 400 students in grades fourth through eighth will participate from 47 schools.

**Youth Service Awards - December 10, 2019, at Naperville City Hall**

Community leaders will nominate youth in the area who demonstrate a passion for providing service to both their community and the world starting in October. Of the nominees, 25 youth are awarded a Youth Service Award by KidsMatter and are then honored by the City of Naperville Mayor Steve Chirico and City Council in a ceremony.

**Job Fair - January 4, 2020, at Fort Hill Activity Center**

KidsMatter will host its annual Fair that welcomes nearly 600 area students to explore job and career opportunities from 50+ area companies and organizations hiring in our area. The Fair prepares youth for the workforce by providing them with the tools they need and connects them with employment opportunities.

**Collaborative Youth Team of Illinois (CYT)**

Leading the coalition of 35 youth-serving non-profit agencies in DuPage and Will Counties, KidsMatter leads these organizations to promote and advocate for the health and well-being of kids and families. In 2019-2020 the CYT will have a #RAKChallenge (Random Acts of Kindness) and co-host activities and events in the community.
Today, young people need both cross-cutting skills and specialized knowledge to thrive in our rapidly changing economy and business and industry leaders require fresh talent to innovate and grow. KidMatter’s goal is to align industry resources in support of public-school strategies to provide career exposure and workplace learning experiences for students, in order to improve the health and happiness of our children and advance the economic and social well-being of our community.

**Kids & Parents Educational Forums - Various Dates and Locations**

KidsMatter will hold up to 23 educational forums on topics that are relevant in our community. This year’s topics include digital awareness and safety, drugs and vaping, stress and anxiety, resilience and more! Check our website for the dates in October, November, January, February, March and April: kidsmatter2us.org

**Kickoff to Summer - June 7, 2020, at Frontier Park**

Partnering with the Naperville Park District (NPD) and their annual Frontier Kite Fly Festival, the NPD, KidsMatter and The Branch (Naperville Mom’s Group) will host 4,000 individuals and families for a full day of summer fun.

**State of the Kids and the Crisis Text Line**

KidsMatter conducts a “Stress Management Survey” for 4,800 students in districts 203 and 204 to benefit youth and their families. In 2018, the Crisis Text Line was launched as an outcome of the Stress Management Survey. The Line has received 419 conversations from 191 texters and has produced five (5) active saves since its launch. The Line is for anyone who is in crisis. It provides a trained counselor, at the end of the line, who is ready to listen, without you even speaking by texting “REACH” to 741 741 from anywhere in the U.S.
Naperville Park District

Purpose of Organization: We provide recreation and park experiences that promote healthy lives, healthy minds and a healthy community.

What Youth Volunteers Will Do

Assisting at large community events, park clean up.

What Family/Adult Volunteers Will Do

It is encouraged that parents volunteer with 12-13 year old volunteers. All volunteer opportunities are available to them. Favorites are Halloween Happening, running games for the guests at Centennial Park, Jr. Tour De Naperville, Monarch Festival, Santa House, Earth Day; cleaning up a park.

What Qualities Should a Volunteer have to Serve with your Organization?

Volunteers should be able to engage with the guests, willing to do something they have not done before. Step out of there comfort zone and not always do everything side by side with their best friend.

Organization Volunteer Contact

Lynnette Hoole
lhoole@napervilleparks.org
630-848-3606
Naperville Public Library


What Youth Volunteers Will Do

We have a variety of opportunities. Regular, weekly volunteers organize and clean materials and help us prep for programs. Teen Advisory Group (6th-12th grades) give librarians guidance in terms of teen programs, materials and spaces. Summer Reading volunteers (6th-12th grades) help customers log books, and read and do STEM activities with younger kids. Volunteers also help with large one day events like The Party That Shall Not Be Named, Star Wars Reads Day and Maker Fair.

What Family/Adult Volunteers Will Do

Family/adult opportunities are the same as the youth volunteer opportunities.

What Qualities Should a Volunteer have to Serve with your Organization?

The library looks for volunteers who are friendly, responsible, flexible and reliable.

Organization Volunteer Contact

Julia Blazquez
jblazquez@naperville-lib.org
630-637-2224
Naperville YMCAs

Purpose of Organization: The mission of the YMCA of Metro Chicago is to develop strong children, families and communities across Metropolitan Chicago through academic readiness, character development, violence prevention, and fitness and healthy living.

What Youth Volunteers Will Do

-Sports - managing scoreboard/fouls
-Childcare - assisting in drop in childcare
-Family events
-Holiday events
-Greeter

What Family/Adult Volunteers Will Do

We have several projects across the Y that we are looking for assistance from cleaning, to painting to landscaping we can use help in all areas.

What Qualities Should a Volunteer have to Serve with your Organization?

Energy, willingness to help others, compassion, friendly.

Organization Volunteer Contact

Michael Nishimura
mnishimura@ymcachicago.org
630-579-5706
**PowerMinds**

**Purpose of Organization:** Our mission is simple - We don't want any child, youth or adult to be left behind due to the lack of tutoring or guidance they need to succeed in their education and careers.

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**What Youth Volunteers Will Do**

Our volunteers are experts in their areas and are willing to share their knowledge and help you succeed through tutoring.

We want to make a difference by getting more individuals qualified and trained. But, we cannot do that alone. Join our movement and become a volunteer. We strongly believe that every human being has something they can teach and every human being has something they can learn. Be part of our network and help enhance the future of a deserving child, youth or adult.

Our volunteer's receive a certificate that highlights the hours they have volunteered.

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**What Family/Adult Volunteers Will Do**

Family/adult opportunities are the same as the youth volunteer opportunities.

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**What Qualities Should a Volunteer have to Serve with your Organization?**

A trustworthy, reliable tutor for students and adults in need.

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**Organization Volunteer Contact**

Arnav Bedi
arnavbedi@powerminds.org
Ronald McDonald House Charities Chicagoland & NW Indiana

Purpose of Organization: We believe when a child is sick, a family is sick. We exist so families can get better together.

What Youth Volunteers Will Do
Teen Advisory Board, for high school Juniors and Seniors, raise awareness and fund-raise for the Ronald McDonald Family Room in Edward Hospital.

What Family/Adult Volunteers Will Do
Families can contribute, by collecting donations of Pop Tabs, Wish List Items, donating a meal for families to enjoy.

What Qualities Should a Volunteer have to Serve with your Organization?
Volunteers should be committed, hospitable and conscientious.

Organization Volunteer Contact
Lauren White
lwhite@rmhccni.org
630-389-8150
Salvation Army

Purpose of Organization: Motivated by the love of God, our mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. Students younger than 16 years of age may volunteer with an adult caregiver, older sibling, or older friend.

What Youth Volunteers Will Do

- Holiday Red Kettle Bell Ringing
- Angel Tree Christmas Assistance Registration
- Angel Tree Gift Sorting
- Community Cares Nursing
- Homes Gift Distribution
- Organize a “drive” for our Food Pantry

What Family/Adult Volunteers Will Do

Family/adult opportunities are the same as the youth volunteer opportunities.

What Qualities Should a Volunteer have to Serve with your Organization?

Volunteers should have the desire to make a difference, willingness to help others, and be compassionate and enthusiastic!

Organization Volunteer Contact

Cindy Lawrence
cynthia_lawrence@usc.salvationarmy.org
630-897-7265
Simply Destinee

Purpose of Organization: Simply Desitnee is a place where kids can express themselves through all different styles of dance like salsa, bachata, merengue, cumbia, hip hop, swing, waltz and more. Dedicated to caring for Aurora’s youth, we help inspire positive development in kids, families, and the community, to help overcome everyday challenges.

What Youth Volunteers Will Do
Cleaning, admin, setting up events, whatever they want to help with.

What Family/Adult Volunteers Will Do
Various activities throughout the year.

What Qualities Should a Volunteer have to Serve with your Organization?
Be a kid-friendly individual.

Organization Volunteer Contact
Liza Oliva
loliva73@gmail.com
708-926-4979
### The Morton Arboretum

**Purpose of Organization:** The mission of The Morton Arboretum is to collect and study trees, shrubs, and other plants from around the world, to display them across naturally beautiful landscapes for people to study and enjoy, and to learn how to grow them in ways that enhance our environment. Our goal is to encourage the planting and conservation of trees and other plants for a greener, healthier, and more beautiful world.

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<tr>
<th>What Youth Volunteers Will Do</th>
<th>What Qualities Should a Volunteer have to Serve with your Organization?</th>
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<td>Gardening, Naturalist activities with kids, Science Camp activities with kids.</td>
<td>Volunteers should enjoy nature and working with children.</td>
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<table>
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<tr>
<th>What Family/Adult Volunteers Will Do</th>
<th>Organization Volunteer Contact</th>
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<tr>
<td>Family/adult opportunities are the same as the youth volunteer opportunities.</td>
<td>Laura Kamedulski <a href="mailto:lkamedulski@mortonarbo.org">lkamedulski@mortonarbo.org</a> 630-725-2034</td>
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</tbody>
</table>
What Youth Volunteers Will Do

Projects for Service Saturdays including helping create teaching tools, organizing, cleaning, and outdoor work. Special Event Volunteers include event set up, event duties (check ins, registrations, and clean up of events).

What Family/Adult Volunteers Will Do

Families can help on Service Saturdays with various projects like creating teaching tools, organizing, cleaning, and outdoor work (weather permitting).

What Qualities Should a Volunteer have to Serve with your Organization?

Reliable, able to work with others, kind, motivated.

Organization Volunteer Contact

Samantha Groth
sgroth@turningpointeaf.org
630-615-6060

Purpose of Organization: Provide best practice learning environments to increase independence, improve communication and socially appropriate behaviors for children and young adults on the autism spectrum.
Western DuPage Special Recreation Association

Purpose of Organization: The WDSRA purpose is to develop individuals through Recreation.

What Youth Volunteers Will Do
Directly interacting with participants with disabilities in recreation programs.

What Family/Adult Volunteers Will Do
Larger special events or programs.

What Qualities Should a Volunteer have to Serve with your Organization?
Willing to interact with our participants!

Organization Volunteer Contact
Katie Weadley
katiew@wdsra.com
630-681-0962
World Relief DuPage/Aurora

Purpose of Organization: Serving the most vulnerable in our communities.

What Youth Volunteers Will Do

Youth club volunteer- Build relationships with refugee and immigrant kids at one of our youth programs during the week. Help with homework, enjoy soccer, crafts and opportunities to mentor.

Office assistant volunteer- help with crucial administrative duties that keep the World Relief office running smoothly.

What Qualities Should a Volunteer have to Serve with your Organization?

Hardworking, Consistent, committed and Compassionate.

Organization Volunteer Contact

Holly Tseng
htseng@wr.org
630-344-2923

What Family/Adult Volunteers Will Do

Friendship Partner- Volunteers younger than 15 years can also volunteer with an adult in this opportunity. This is an opportunity to get to know a refugee family and help them adapt to America by providing consistent friendship and assistance navigating the American systems, such as the medical systems, cultural empowerment and combating loneliness.
What Youth Volunteers Will Do

Teens can get involved by serving:
- 2x/ month as juniors and seniors at Capernaum ministry for students with special needs
- Volunteer WyldLife leader for middle school students every week

What Family/Adult Volunteers Will Do

Families can serve by providing meals at our various events, serving on our volunteer committee, and serving volunteer leaders as support systems or mentors.

What Qualities Should a Volunteer have to Serve with your Organization?

Young Life volunteers are people willing to serve Christ and kids in our community.

Organization Volunteer Contact

Alex Zielinski
alex@ylchicago.com
314-807-9469
Become a KidsMatter Partner

KidsMatter works collaboratively with organizations and resources throughout the community, including mental health professionals, schools, public safety agencies, faith-based communities, and local businesses to put on programs that are focused on empowering youth and families with the tools to effectively manage the negative stressors of everyday life.

As a prevention-based organization that focuses on the overall social, emotional, and academic well-being of 45,000 youth throughout Will and DuPage counties, KidsMatter is looking for corporate and foundation partners to help us provide funding and support for the following health and development programs.

Contact us to learn more about becoming a program partner: sponsorships@kidsmatter2us.org or 630-300-0228.

Digital Leader Summit
Using a mix of Google’s Be Internet Awesome program and Common Sense Education’s Digital Citizenship program, KidsMatter has partnered with school districts 203 and 204 in Illinois to create the Digital Leader Summit.

Over the course of two days, the program empowers nearly 400 students to realize their leadership potential, combat cyberbullying and create a positive digital footprint through the use of five modules: Be Strong, Be Brave, Be Smart, Be Alert and Be Kind.

Collaborative Youth Team of Illinois
Leading a coalition of over 35 youth-serving organizations and agencies, KidsMatter works to promote and advocate the health and well-being of kids and families in DuPage and Will counties through the Collaborative Youth Team of Illinois (CYT).

The CYT’s mission is to develop community-wide strategic plans that will be used to increase awareness, stimulate discussion, and facilitate action to improve the health and well-being of children, youth and families.

In 2018-2019, the annual initiative of the CYT was a Mindfulness Matters Movement, a movement that included capturing community leaders on-camera, a weekly campaign for the month of
March that included tips, resources and events related to mindfulness, and a day of mindfulness at a local venue.

Today, young people need both cross-cutting skills and specialized knowledge to thrive in our rapidly changing economy and business and industry leaders require fresh talent to innovate and grow.

KidMatter’s goal is to align industry resources in support of public-school strategies to provide career exposure and workplace learning experiences for students, in order to improve the health and happiness of our children, and advance the economic and social well-being of our community.

State of the Kids

Stress Management Survey
KidsMatter conducts a “Stress Management Survey” for 4,800 students in districts 203 and 204 to benefit youth and their families.

Our most recent study revealed that only 30% of seventh-grade students and 23% of tenth-grade students reported low levels of daily stress (compared to medium to high levels) with pressure coming mainly from their parents, themselves, and through parental conflict. Additionally, 50% reported rarely or never talking with someone about their stress.

Crisis Text Line
In 2018, the Crisis Text Line was launched as an outcome of the Stress Management Survey. The Line has received 419 conversations from 191 texters and has produced five (5) active saves since its launch.

The Line is for anyone who is in crisis. It provides a trained counselor, at the end of the line, who is ready to listen, without you even speaking by texting “REACH” to 741741 from anywhere in the U.S.

Educational Series
KidsMatter holds 12 educational forums on topics that are relevant in our community including: mental health and suicide prevention, resilience, digital awareness, gender & sexuality, stress management and vaping, substance abuse and addiction.
KidsMatter
We equip youth and families with tools to manage the stress of everyday life through dynamic school and community programs, practical education, resources and youth recognition.

Building resilient kids who say “No” to destructive choices and “Yes” to their endless possibilities.

Visit Our Brand New Website
kidsmatter2us.org

Thank you for visiting our annual Youth + Family Volunteer Fair! If you would like to receive more news on our events and programs, subscribe on our website or email marketing@kidsmatter2us.org.